### Employee Highlight



**Beth Muir** 

Hi, my name is Beth Muir. I have been a dental assistant with Adrian Family Dentistry since March 2010.

I am a Columbia Central graduate and I live in Brooklyn. I'm married to my wonderful husband and we have a beautiful daughter that's

 $1 \frac{1}{2}$  years old.

I've worked with people since I was 15. I love getting to meet and know people. I look forward to that while I'm here at Adrian Family Dentistry.

Adrian Family Dentistry, PLLC 4490 W. Maumee St. Adrian, MI 49221

Newsletter adrianfamilydentistry PLLC

Drs. Kristin Ross & Brandon Lowe 4490 W. Maumee St. Adrian, MI 49221

## Introducing our New Dental Laser

Adrian Family Dentistry will introduce a new feature to our patients. The dental diode laser is used primarily to modify intra-oral irritated or infected soft tissues. Since there is a favorable response to laser treatment with no bleeding, the result of healing is less complicated and often shorter when compared to traditional methods of surgery. In many cases, the laser can also be used to treat deep gingival pockets that harbor bacteria and cause gum disease. An additional benefit to dental diode laser technology is its ability to reduce the pain and longevity of cold sores and canker sores.

This new instrument will improve our ability to perform existing procedures more efficiently and produce a cleaner, healthier surgical site with less discomfort to our patients.

## Sports Guard Clinic

#### Protect your smile this

sports season!

FREE Sports Guard for all Lenawee County Athletes

August 9 - 20, 2010

\*By Appointment Only\*

It is estimated that over 5 million teeth will be knocked out during sporting events this year. Don't let this happen to you. PROFORM® is a custom fitted mouth guard made especially for your mouth by our office. It is available in many of your favorite colors.

A custom fabricated mouth guard is comfortable and doesn't interfere with breathing or speaking like others offered in sporting good stores.



# Now accepting Medicade / MI Child Do you qualify?

Yes, children under the age of 21 or pregnant women can qualify for this assistance.

- Must be a Michigan citizen or a legal immigrant
  - List any medical insurance
- State your family's gross income

For more information that will help you find out if you qualify call toll-free I-888-988-6300. Every family's situation is different and you may be eligible for these benefits.

#### **A Friendly Reminder**

As most of you are aware, payments are due at the time of service. We accept the following forms of payment: Cash, Check, MasterCard, Visa, Discover and Care Credit.

As another courtesy to our valued patients, we offer a 5% pre-pay discount. The treatment has to meet or exceed \$500 out-of-pocket expense per appointment. To

receive the discount, payment must be made at least 24 hrs. before procedure date. Any of the forms of payment listed above are accepted with the exception of Care Credit.



Good oral health offers a child many advantages. Healthy children perform better in school than children who are distracted by poor dental health. Establishing good dental care habits early in life can put your child at an advantage and make it easier for them to make the healthier decisions later in life.

Help them fight cavities with these simple steps:

- 1. Brush twice daily
- 2. Floss daily
- 3. Follow a healthy diet
- 4. Visit the dentist at least once every six months

Brush for at least two minutes each time, then follow the nightly brushing with flossing. Eating plenty of fresh fruits and vegetables high in vitamin C (ex. strawberries, oranges, tomatoes, broccoli). Also offer whole-grain breads and cereals. Low-fat or nonfat cheese, yogurt and milks offer a great source of calcium for growing bones and developing teeth.

Don't put off taking your child to a dentist. There may be unseen problems that only a trained eye may see.

School time is around the corner! Let's start this year out right with a healthy mouth.